



STATE of MINNESOTA

Proclamation

WHEREAS: There are many physical and mental health benefits of human milk for babies and their parents and breastfeeding includes any infant feeding of human milk via body or pump; and

WHEREAS: The American Academy of Pediatrics recommends breastfeeding exclusively for the first six months of a child's life when feasible, with continued breastfeeding throughout the child's first two years, to optimize infant health, growth, and development; and

WHEREAS: The Minnesota Department of Health, local health departments, and Tribal organizations throughout Minnesota promote and support exclusive breastfeeding as the optimal method of infant feeding through nutrition programs such as the Special Supplemental Nutrition Program for Women, Infants, and Children; and

WHEREAS: While there has been progress in codifying and protecting the right to breastfeed, many people continue to face barriers in their communities, the health care system, and employment settings, including racial and ethnic discrimination, lack of knowledge and support, and physiological barriers; and

WHEREAS: Black, Indigenous, and communities of color continue to work to dismantle stigma, promote breastfeeding, reclaim traditional knowledge and practices, and advocate for culturally safe, accessible lactation support to create healthier futures for all generations; and

WHEREAS: Minnesota commends the community leaders and parental health and lactation advocates working to build individual, family, and community support for lactation, and joins them in celebrating and promoting awareness of the benefits of human milk for all babies and parents.

NOW, THEREFORE, I, TIM WALZ, Governor of Minnesota, do hereby proclaim August 2025 as:

BREASTFEEDING AWARENESS MONTH

in the State of Minnesota.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 1<sup>st</sup> day of August.

  
GOVERNOR

  
SECRETARY OF STATE